



The Top 5 Eyebrow Growth Serums And My Miracle DIY Mix

July 4, 2017

By HB Team

Unfortunately for those of us who experienced the barely-there brow trend of the 90s and 00s, when bold brows became the look du jour, all we could do was dream and draw. But thankfully the beauty industry came up with a solution to our hairless brows, eyebrow growth serums – hallelujah! In my quest for bushy brows, I've tried a ton of different versions, from the ones you can spend \$200 on, to drugstore versions.

Brow hairs can take up to 7 weeks to regrow once you've plucked them from their cozy little home in your brows, but with a brow serum, you could see significant results in as soon as two weeks. I've found most brow serums made a big difference, and trust me, I've tried them all... From RevitaBrow, RapidBrow Eyebrow Enhancing Serum, Elizabeth Arden's Prevage, Shiseido (which is really reasonable priced) to drugstore brand Ardell (less than \$5!), and even Latisse, an ointment doctors in the US prescribe for growing eyelashes, which works insanely well.

Choose the best serum by looking out for these hair growing ingredients:

- Peptides: Renew and restore hair follicles.
- Keratin: Rebuilds hairs so brows grow thicker, longer and stronger.
- Biotin: Nourishes hair and fortifies the hair follicle.
- Prostaglandin analogs: Stimulating major hair growth like the doctor-prescribed Latisse formula, it's an active ingredient speculated to end hair loss by 2020.
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They all work in different ways, and some of the expensive versions have ingredients in them that make your brows grow a little bit faster. Although I've found that all the serums I've tried worked, I actually think the frequency of application has been the most important factor. How often you apply the serum is what's really going to make the biggest impact to your brows, and no matter what your budget, there's definitely an eyebrow growth serum out there for you. You can also make your own potent DIY eyebrow growth serum really easily.

My Miracle DIY Eyebrow Growth Serum:

In my opinion, this works almost as well as any bought serum, and if you apply it twice a day you'll see swift results. Mix equal parts of the below ingredients (one teaspoon of each) and store in an airtight container. Use a clean Q-tip to apply the serum to your brows and any areas of skin where you want the hair to grow back.

Castor Oil: This is king of hair regrowth, and it's the main ingredient in most shop bought serums. It works by penetrating hair follicles and nourishing them so that they can restore growth; otherwise, they remain inactive– Castor oil will also make a big impact by itself. FYI, it also works wonders to grow longer eyelashes.

Vitamin E Oil: Vitamin E widens blood vessels thereby increasing blood circulation, which stimulates hair follicle growth. It's also rich in antioxidants that neutralize free radicals, which can damage the hair follicle.

Argan Oil: Another miracle oil for your hair, it lubricates hair follicles to ensure they don't become clogged with dirt that can hinder hair growth. It's also moisturizing and nourishing so that it builds healthy hairs while enhancing your current brows.

Incorporating a brow growth serum into your routine is honestly the easiest thing ever: I do it when I wake up, before I do my brows, and again at bedtime. It's a lot, but if I really want my hair to grow back, then that's how I do it. For a quick fix shop bought version, [RevitaBrow](#) is by far the best I've used – it brought back hairs I haven't seen since a bad tweezing marathon in my twenties.