

SPARKLES *and shoes*

Beauty Update: My Favorite Exfoliator

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Hello Wednesday, nice to see you! I wanted to change it up today and instead of talking about fashion, travel, or food let's talk about beauty! Before endorsing any sort of product here on Sparkles and Shoes I like to use it for a good deal of time to make sure it really is as great as the first time, especially when it comes to skin care. It is quite frustrating that even though I am in my mid-twenties I still get acne breakouts and as such I have to be very, very careful when putting anything on my face. And with that said, today I am very excited to tell you about the RapidRenew Skin Perfecting Polish, a product I have been using since February and one that I really like.

This product is an exfoliator that I have been using a few times per month and I have found since using it my skin really is brighter, smoother, and over all healthier. Any product where I only need a quarter size amount and five minutes twice a week is something I can definitely add to my skincare routine and using RapidRenew has become a Wednesday / Sunday night ritual. My favorite thing about this exfoliator versus many others that I have tried is that it does not make me break out nor is it too drying – the perfect combination! You can read more on the company's website [here](#) and from there buy it direct or I believe, from some Walgreen locations. Oh, just because I feel like it needs to be said, this is not a sponsored post, I simply found a product I love and want to share it with you!

If you would like to know more about my skin care routine check out this post called [Establishing a Nighttime Routine Before You Need It](#) where all of the products I mentioned; Neutrogena Towelettes, Environ AVST Moisturizing Toner, Environ AVST Eye Gel, RapidLash EyeLash Enhancing Serum, and RapidBrow Brow Enhancing Serum, are still among my most used!

What is your favorite exfoliator?

